

Dear Partner.

**Midlands Partnership NHS Foundation Trust's Children and Families services (MPFT) have launched a localised page on the ground-breaking Health for Teens website - [www.healthforteens.co.uk](http://www.healthforteens.co.uk)**

This unique website is the first NHS website that has been created by and for young people, complementing and raising the accessibility of School Nurses and featuring facts, quizzes and articles focussing on providing physical and mental health and wellbeing advice.

MPFT has developed a 'local page' on this site which will enable young people to find a range of services in Staffordshire and Stoke-on-Trent to support them.

The local area section for young people includes local news, announcements, young peoples NHS services, local partner agencies, a search for a School Nurse function and locally produced articles on young people's health.

The wider Health for Teens site features a diverse range of health topics from mental health to puberty; sexual health to bereavement. The articles, quizzes and interactive content has been developed by experts from services including school nursing, health improvement, smoking cessation, dietetics, paediatricians and mental health.

The site focuses on the following key areas:

- Feelings
- Growing up
- Health
- Lifestyle
- Relationships
- Sexual Health

As a part of this exciting venture and to promote our presence on this innovative website, we have enclosed digital versions of the posters and a web banner for you to display in and around your venues, along with being able to promote to young people whilst they are not able to access services in the traditional way at the moment.

We would encourage you and your supporters to make full use of the site and we would welcome your feedback. If your service is not represented in the directory and you would like to be please email [Ourhealth5-19@nhs.net](mailto:Ourhealth5-19@nhs.net)

Thank you for helping us to promote healthy outcomes for all our children.

Midlands Partnership NHS Foundation Trust

Children and Families Care Group